

Wintertrainingsweken 2024-2025

Jeugd Vale Ouwe

Week		Trainingsweken	
40	30/9 – 4/10	Lesweek 1	
41	7/10 – 11/10	Lesweek 2	
42	14/10 – 18/10	Lesweek 3	
43	21/10 – 25/10	lesweek 4	
44	28/10 – 1/11	Herfstvakantie	
45	4/11 – 8/11	Lesweek 5	
46	11/11 – 15/11	Lesweek 6	
47	18/11 – 22/11	Lesweek 7	
48	25/11 – 29/11	Lesweek 8	
49	2/12 – 6/12	Lesweek 9	
50	9/12 – 13-12	Lesweek 10	
51	16/12 – 20/12	Lesweek 11	
52-1	23/12 – 3/1	Kerstvakantie	
2	6/1 – 10/1	Lesweek 12	
3	13/1 – 17/1	Lesweek 13	
4	20/1 – 24/1	Lesweek 14	

5	27/1 - 31/1	Lesweek 15	
6	3/2 - 7/2	Lesweek 16	
7	10/2 - 14/2	Lesweek 17	
Week		Trainingsweken	
8	17/2 - 21/2	Lesweek 18	
9	24/2 - 28/2	Voorjaarsvakantie	
10	3/3 - 7/3	Lesweek 19	
11	10/3 - 14/3	Lesweek 20	
12	17/3 - 21/3	Inhaal/startZomertraining	
13	24/3 - 28/3	Inhaal/startZomertraining	